

Parent/Child Swim Lessons for Ages 0-3 STAGE DESCRIPTIONS

SWIM STARTERS

Accompanied by a parent, infants and toddlers learn to be comfortable in the water and develop swim readiness skills through fun and confidencebuilding experiences. Parents learn about water safety, drowning prevention and the importance of supervision.



PARENT/CHILD A

Ages 6–23 months: A parent/guardian must be in the water with their swimmer during class.

PARENT/CHILD B

Age 2: A parent/guardian must be in the water with their swimmer during class until the child is comfortable with the instructor and able to swim independently with a swim belt and noodle.